

# Medication



Medication is something your doctor gives you to **help** your body or mind **feel better**.



There are **different types** of medicines. They can be something you swallow, drink, put on your skin, breathe in, drops in your eyes or ears, or an injection your doctor gives using a needle.



Medication can help with **pain, sickness** and **diseases**. It can also help **bad feelings, thoughts** or **behaviours**.



Sometimes you only need to take medicine **once**, or for a **short time**. Sometimes you need to take it for a **long time** or **forever**. You must take medicine exactly how your doctor tells you to.



**Side effects** are things that happen to your body because you are taking medicine, like feeling sick or sleepy. Tell your doctor if you have side-effects.



**Visit our website** [qld.gov.au/deafness-mental-health](http://qld.gov.au/deafness-mental-health)



**Text or call us** on **0427 598 076**



**Email us** at [deafness\\_mhs@health.qld.gov.au](mailto:deafness_mhs@health.qld.gov.au)

If you need help, email or text us. You can also ask your doctor, family or carer to call us.



Queensland  
Government