

Methamphetamine ("Meth")



Methamphetamine is an **illegal drug**. It is also called meth, ice, base, and other names. It is usually smoked or injected.



When you use meth it can make you feel **excited** and **awake** or **angry** and **aggressive**. After it wears off you can feel very **down, tired, angry, scared** and **sick**.



Meth can be **bad for your body and mind**. It can make **mental health problems** like schizophrenia **worse**.



If you use meth a lot, you can **get addicted** and feel very bad when you don't have it. It can make you **violent** and get **in trouble with the police**.



If you have a problem with methamphetamine, ask your **doctor** for help.



Visit our website qld.gov.au/deafness-mental-health



Text or call us on **0427 598 076**



Email us at deafness_mhs@health.qld.gov.au

If you need help, email or text us. You can also ask your doctor, family or carer to call us.



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