

Sexual Health



Sex is any **touching of a person's genitals** (penis or vagina) or anus **by another person** with their hands, mouth or genitals.



Consensual sex is when **both people want to have sex**. You must be **over 16** to have consensual sex.



Non-consensual sex is when **one person does not want to have sex** or is **too young** to have sex. This is called **sexual assault**.



It is **illegal** to make someone have sex when they don't want to. If you feel uncomfortable when someone touches you, you should **say no** and **tell someone you trust**.



People usually have sex to **feel good**. Sometimes people have sex because they want to get pregnant and **have a baby**.



If you **don't want** to get pregnant, you can use **contraception** like condoms or the contraceptive pill ("The Pill"). Condoms can protect you from STIs (sexually transmitted diseases) that can make you sick.



If you need more information about sex or contraception, ask your **doctor** for help.



Visit our website qld.gov.au/deafness-mental-health



Text or call us on **0427 598 076**



Email us at deafness_mhs@health.qld.gov.au

If you need help, email or text us. You can also ask your doctor, family or carer to call us.



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