

Domestic and family violence



Domestic violence is when your partner or another family member **hurts you** or **makes you scared**.



Domestic violence can be **hurting** your **body**, hurting your **feelings**, making you do **sexual things** you don't want to do, **stopping you from seeing** your friends or family, or taking your money away.



It can be hard to know if domestic violence is happening to you. If you **feel scared** of your partner or family you might be being abused.



If you are being abused it is important to **tell someone you trust**. There are places you can go to talk or get help.

1800RESPECT
NATIONAL DOMESTIC FAMILY AND
SEXUAL VIOLENCE COUNSELLING SERVICE

1800RESPECT can help you. Text **0458 737 732**, chat online at www.1800respect.org.au or call **1800 737 732** via NRS anytime.



Visit our website qld.gov.au/deafness-mental-health



Text or call us on **0427 598 076**



Email us at deafness_mhs@health.qld.gov.au

If you need help, email or text us. You can also ask your doctor, family or carer to call us.



**Queensland
Government**